

HELPING LITTLE LEARNERS GROW CALM, CONFIDENT, AND CONNECTED

READY TO GROW ATLANTA

FOR
EDUCATORS

Ready to Grow Atlanta is an initiative from Atlanta Public Schools designed to support the healthy development of preschool aged children by building strong, aligned partnerships between families, early childhood educators, and community organizations.

Ready to Grow for Educators includes monthly expert led trainings, optional coaching sessions, and classroom resources. This program is **FREE** for all APS Pre-K teachers and community-based Early Learning Center Teachers in the APS Washington and Douglas Clusters.

MONTHLY TRAININGS

9:00AM-1:00PM

JANUARY 16

- Building Safe + Supportive Classrooms
- SEL Programming

FEBRUARY 13

- Early Childhood Development
- Behavior Basics

MARCH 13

- Classroom Management
- Positive Behavior Support Strategies

APRIL 17

- Embedding SEL into Daily Routines + Play
- Supporting Peer Interactions + Social Skills

MAY 15

- Trauma-Informed Practices in Early Childhood
- Family Engagement + Cultural Responsiveness

JUNE 12

- Educator Well-being + Self-Care
- Reflective Practice + Planning for Next year

JULY 24

- Behavior + SEL Foundations: Back to School Refresher

AUGUST 21

- Responding to Challenging Behavior with Calm + Consistency
- Emotion Coaching + Co-Regulation

SEPTEMBER 18

- Targeted Behavior Supports
- Individualizing Behavior Supports

OCTOBER 9

- Creating Inclusive Classrooms for Neurodiverse Learners
- Executive Function in Early Childhood

NOVEMBER 13

- Recognizing When Students Need More Support
- Collaborating with Outside Professionals

DECEMBER 11

- Learning to Leadership: Becoming a Behavior + SEL Champion
- Celebrating Growth and Sustaining Success

COACHING SESSIONS

- Opt into personalized coaching sessions focused on **classroom management** (Tier 1), **targeted behavior supports** (Tier 2), or **individualized student strategies** (Tier 3).
- Sessions are collaborative, strengths-based, and designed to meet your specific classroom needs.

CLASSROOM RESOURCES

- Educators will receive a set of high-quality, evidence-based materials to support SEL and behavior in the classroom, including Generation Mindful's **Time-In Toolkit**, **SEL lesson plans**, activity books, and BoysTown's **Best Me I Can Be!** book series and **calming cards**.
- These tools are designed to make SEL integration easy and engaging during daily routines, circle time, and transition moments.

SIGN UP HERE



PROGRAMMING BEGINS

JANUARY 2026

PARTICIPATION, RESOURCES, AND TOOLS ARE

FREE!!!



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PUBLIC
SCHOOLS