

Dear Representative Carter,
My name is LaToya Smith, and I live in Valdosta, GA with my three children: Jace (6), Zion (3), and Zoe, (18 months). What I would like to share with you is how difficult the past few years have been for our family and for so many other parents with young children.

The pandemic has made the stress of raising young children even more pronounced. It feels like each day I am faced with another impossible series of decisions. I never know if I am going to have reliable child care, and I agonize over how to protect my children's health and safety. I'm simply exhausted, and I worry about the pandemic's toll on my and my children's mental health and well-being.

As there seems to be growing awareness of the importance of mental health, I hope you and other elected officials will consider how to meet the needs of both caregivers like me and our young children.

Thank you for your service to Valdosta's children.

LaToya Smith



SAMPLE FINAL LETTER

STATE LEGISLATORS

We will add the
greeting.

The body of the letter will
be printed from your form
responses.

You will get a chance to
sign, add an additional
note or drawing at the in-
person event before
delivering to your
legislators.



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Thank you for your service to Valdosta's children.

Sincerely,

latoya smith

P.S., Maternal depression and anxiety affects not only mothers but also their children so I appreciate your consideration of this issue!

Drawings from Zion



Dear Senator Jones,

My name is Laila Abadi and I live in Gainesville, GA with my husband and four kids (ages 1, 4, 5 and 6).

Ten days after my son was born, I had to return to my job in the food industry. I was exhausted, in physical pain, and wanted nothing more than to bond with my new baby, but I also had bills to pay.

Access to paid family leave would have benefitted my own physical and mental health and the well-being of our whole family.

Thank you for your time,
Laila Abadi



Dear Representative Park,

My name is Liya Ahmad and I live in Stone Mountain, GA with my two kids (Layla, age 4 and Zara, age 6 months).

I applied for CAPS 6 times before finally becoming eligible for a child care scholarship for my youngest daughter. It has made all the difference in the world. I've been able to finish my degree and search for a job after graduation while knowing my child is being loved and cared for.

Please help more families like mine access CAPS. Being able to access affordable child care allows parents to participate in the workforce.

Thanks,
Liya



SAMPLE FINAL LETTER

CONGRESSIONAL MEMBER

We will add the
greeting.

The body of the letter will
be printed from your form
responses.

We will add your full
name.

You can choose whether
your contact information
is included.



Dear Congresswoman Smith:

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Sincerely,

Latoya Smith

Phone: (555) 555-5555

Email: example@example.com